**Support for Women Who Experience Abuse or Rape**

**Ashiana**

PO Box 367

Sheffield

S1 1HX

Ashiana offers support to women from Black, Asian, Minority Ethnic and Refugee (BAMER) communities affected by violence and abuse.

Website: [www.ashianasheffield.org](http://www.ashianasheffield.org)

Email: [info@ashianasheffield.org](mailto:info@ashianasheffield.org)

Tel: 0114 2555740

National DA helpline: 0808 2000247

**DACT (Sheffield Domestic Abuse Co-ordination Team)**

General Office

Sheffield DACT

Moorfoot Building (Level 9 East)

Sheffield

S1 4PL

DACT can offer advice/info as it has the responsibility for commissioning Domestic and Sexual Abuse services in Sheffield.

Web: [www.sheffieldact.org.uk](http://www.sheffieldact.org.uk)

Email: help@sheffielddact.org

Tel: 0114 2736851

Helpline: 0808 808 2241

**Haven House Project**

Haven House Project

4 Norfolk Park

Sheffield

S2 3QE

Main Office:

Haven

c/o The Circle

33 Rockingham Lane

Sheffield

S1 4FW

Haven help and supports children and young people affected by domestic abuse.

Web: [www.haven.org.uk](http://www.haven.org.uk)

Email: [admin@haven.org.uk](mailto:admin@haven.org.uk) or referrals [haven.referrals@haven.cjsm.net](mailto:haven.referrals@haven.cjsm.net)

Tel: 0114 2130590

**Independent Domestic Abuse Service (IDAS)**

IDAS is the largest specialist charity in Yorkshire supporting people affected by domestic abuse and sexual violence.

Web: [www.idas.org.uk](http://www.idas.org.uk)

Email: info@idas.org.uk

Tel: 01226 384054 (for Barnsley) or 0114 2728231 (for Sheffield)

Helpline: 03000 110 110 (for Barnsley) or 0808 8082241 (for Sheffield)

**Rape Crisis**

Web: [www.rapecrisis.org.uk](http://www.rapecrisis.org.uk)

Tel: 0808 802 9999

**Saffron (Sheffield Women’s Counselling & Therapy Service *trading* as Saffron)**

Office address

289 Abbeydale Road

Sheffield

S7 1FJ

SWCTS

44 Daniel Hill

Sheffield

S6 3JF

Saffron offer free, specialist one-to-one psychotherapy for women (16 and over) in Sheffield who are survivors of abuse and trauma.

Website: [www.saffronsheffield.org.uk](http://www.saffronsheffield.org.uk)

Email: office@saffronsheffield.org.uk

Tel: 0114 2752157/07742533603

**Sheffield Rape and Sexual Abuse Centre (SRASAC)**

PO Box 34

Sheffield

S1 1UD

SRASAC supports women and their families or anyone (18 and over) who have been raped or sexually assaulted at any times of their lives.

ISVA (Independent Sexual Violence Advisor) is a part of SRASAC that supports recovery from emotional and psychological distress caused by trauma from rape, sexual violence or sexual abuse.

Web: [www.srasac.org.uk](http://www.srasac.org.uk)

Email: [info@srasac.org.uk](mailto:info@srasac.org.uk)

Tel: 0114 2412766

**South Yorkshire Sexual Assault Resource Centre**

Hackenthorpe Lodge (SARC)

126 Occupation Lane

Hackenthorpe

Sheffield

S12 4PQ

Offers free support and practical help to women in South Yorkshire who have experienced sexual violence or/and sexual abuse.

Website: www.southyorkshire-pcc.gov.uk

Email: [hackenthorpelodge.sarc@nhs.net](mailto:hackenthorpelodge.sarc@nhs.net)

Tel: 0330 223 0938

**Vida**

Knowle House

4 Norfolk Park Road

Sheffield

S2 3QE

Vida includes the EVA therapy service that support women who have experienced domestic or/and abuse.

Web: [www.vidasheffield.org.uk](http://www.vidasheffield.org.uk)

Email: admin@vidasheffield.org.uk

Tel: 0114 2750101

**January 2022**

**All information is correct at time of printing.**