Support for Women Who Experience Abuse or Rape

Ashiana

PO Box 367 Sheffield S1 1HX

Ashiana offers support to women from Black, Asian, Minority Ethnic and Refugee (BAMER) communities affected by violence and abuse.

Website: www.ashianasheffield.org Email: info@ashianasheffield.org

Tel: 0114 2555740

National DA helpline: 0808 2000247

DACT (Sheffield Domestic Abuse Co-ordination Team)

General Office Sheffield DACT Moorfoot Building (Level 9 East) Sheffield S1 4PL

DACT can offer advice/info as it has the responsibility for commissioning Domestic and Sexual Abuse services in Sheffield.

Web: <u>www.sheffieldact.org.uk</u> <u>Email: help@sheffielddact.org</u>

Tel: 0114 2736851 Helpline: 0808 808 2241

Haven House Project

Haven House Project 4 Norfolk Park Sheffield S2 3QE

Main Office: Haven c/o The Circle

33 Rockingham Lane

Sheffield S1 4FW

Haven help and supports children and young people affected by domestic abuse.

Web: www.haven.org.uk

Email: admin@haven.org.uk or referrals haven.referrals@haven.cjsm.net

Tel: 0114 2130590

Independent Domestic Abuse Service (IDAS)

IDAS is the largest specialist charity in Yorkshire supporting people affected by domestic abuse and sexual violence.

Web: www.idas.org.uk Email: info@idas.org.uk

Tel: 01226 384054 (for Barnsley) or 0114 2728231 (for Sheffield) Helpline: 03000 110 110 (for Barnsley) or 0808 8082241 (for Sheffield)

Rape Crisis

Web: www.rapecrisis.org.uk

Tel: 0808 802 9999

Saffron (Sheffield Women's Counselling & Therapy Service trading as Saffron)

Office address 289 Abbeydale Road Sheffield S7 1FJ

SWCTS 44 Daniel Hill Sheffield S6 3JF

Saffron offer free, specialist one-to-one psychotherapy for women (16 and over) in Sheffield who are survivors of abuse and trauma.

Website: www.saffronsheffield.org.uk Email: office@saffronsheffield.org.uk Tel: 0114 2752157/07742533603

Sheffield Rape and Sexual Abuse Centre (SRASAC)

PO Box 34 Sheffield S1 1UD

SRASAC supports women and their families or anyone (18 and over) who have been raped or sexually assaulted at any times of their lives.

ISVA (Independent Sexual Violence Advisor) is a part of SRASAC that supports recovery from emotional and psychological distress caused by trauma from rape, sexual violence or sexual abuse.

Web: <u>www.srasac.org.uk</u> Email: <u>info@srasac.org.uk</u>

Tel: 0114 2412766

South Yorkshire Sexual Assault Resource Centre

Hackenthorpe Lodge (SARC) 126 Occupation Lane Hackenthorpe Sheffield S12 4PQ

Offers free support and practical help to women in South Yorkshire who have experienced sexual violence or/and sexual abuse.

Website: www.southyorkshire-pcc.gov.uk Email: hackenthorpelodge.sarc@nhs.net

Tel: 0330 223 0938

Vida

Knowle House 4 Norfolk Park Road Sheffield S2 3QE

Vida includes the EVA therapy service that support women who have experienced domestic or/and abuse.

Web: <u>www.vidasheffield.org.uk</u> Email: admin@vidasheffield.org.uk

Tel: 0114 2750101